



THE EUROPEAN PROJECT

"Disabuse. Disablist Bullying - Experience into Change, providing the right support services", implemented within the Erasmus + Program, consolidates the collaboration between the **Fondazione Mondo Digitale** (FMD) and the **Anti-Bullying Center of the University of Dublin** for prevention and contrast to bullying.

The project is developed in partnership with major research centers: **Dun Laoghaire Institute of Art, Design and Technology** (IADT) in Ireland, **University Institute of Lisbon** (ISCTE) in Portugal and **University of Murcia** in Spain.

The objective of the 24-month project is to develop and experiment interactive training courses for the acquisition of new skills and new models of inclusive socialization, able to help educating communities to prevent and counter bullying incidents against people with disabilities.

RESEARCH

In the first action of the project, supported by the Lisbon University Institute, the state of the art in the various countries involved was analysed in relation to the phenomenon of bullying related to individuals with special needs.

The research includes the analysis of the legislation and policies implemented in Ireland, Italy, Spain and Portugal and the awareness and contrast actions undertaken (disabuse.eu/pt/node/335).

THE TRAINING

The training was developed taking into account the needs of the target groups. On the one hand, professionals and teachers working with people with special educational needs with or without disabilities (SEN/D); on the other hand, professionals, parents and adults in general with or without SEN/D. The questionnaire, led by the University of Murcia, was compiled by associations, professionals, educational institutions and research institutions from the four countries involved. Each partner shared in the planning of the training their own good practices.

DIDACTIC MATERIALS

Modular, multimedia and accessible, the training materials are designed to help bullying victims develop skills and knowledge to deal with the phenomenon in all its forms. They are supported by a manual with simple guidelines for teachers and educators who want to implement the training inside and outside the school. The development of the multimedia platform, due to the wide sharing of the materials produced and the good practices, was curated by IADT Dublin (IADT). The resources are available and can be downloaded for free in different languages on the project website: www.disabuse.eu.

THE EXPERIMENTATION

The experimentation involved more than 100 users in the four partner countries. Each training module was implemented using the methodology developed and proposed by the Anti-Bullying Center of the University of Dublin and was evaluated by the University of Murcia to verify the effectiveness of the training on the participants, based on the different roles (professors and professionals and adults and students with special educational needs and disabilities).

THE LEGO® SERIOUS PLAY® METHOD

In Italy FMD experimented for the first time a training course based on group work sessions animated with the **Lego® Serious Play®** methodology. Coloured bricks were used as a metaphorical support for expression, a particularly effective solution for the exchange and acceleration of learning processes that involve people with special needs and disabilities. The 27 participants, from the age of fifteen upwards, deepen the representation of the various types of bullying: they foreseen actors involved, effects, tools and actions to fight it more effectively. Among them teachers, assistants, parents and students with special educational needs, intellectual disability, generalized developmental disorders, deafness, behavioural disorders etc.